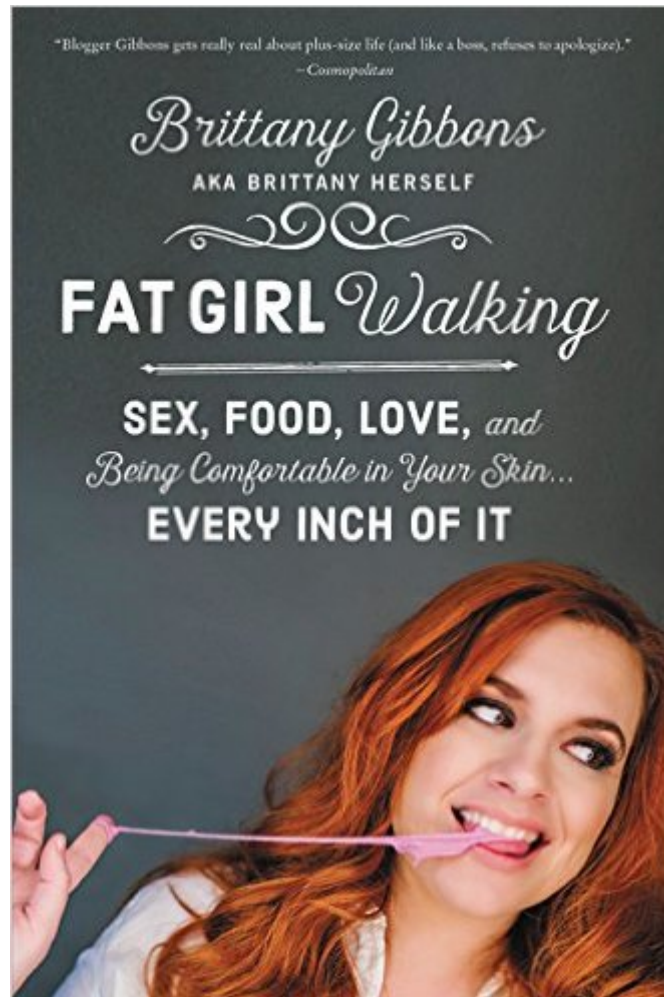


The book was found

Fat Girl Walking: Sex, Food, Love, And Being Comfortable In Your Skin—Every Inch Of It



Synopsis

Told through a series of larger-than-life snapshots, a hilarious memoir in essays about love, sex, marriage, motherhood, bikinis, and loving your body, no matter what size you are from the acclaimed blogger and body image advocate. Brittany Gibbons has been a plus size her whole life. But instead of hiding herself in the shadows of thinner women, Brittany became a wildly popular blogger and national spokesmodelâknown for stripping on stage at TedX and standing in Times Square in a bikini on national television, and making skinny people everywhere uncomfortable. Talking honestly about size and body image on her popular blog, brittanyherself.com, she has ignited a national conversation. Now in her first book, she shares hilarious and painfully true stories about her life as a weird overweight girl growing up in rural Ohio, struggling with dating and relationships, giving the middle finger to dieting, finding love with a man smaller than her, accidentally having three kids, and figuring out the secret to loving her curves and becoming a nationally recognized body image advocate. And thereâs sex, lots of it! *Fat Girl Walking* isnât a diet book. It isnât one of those former fat people memoirs about how someone battled, and won, in the fight against fat. Brittany doesnât lose all the weight and reveal the happy, skinny girl thatâs been hiding inside her. Instead, she reminds us that being chubby doesnât mean youâll end up alone, unhappy, or the subject of a cable medical show. Whatâs important is learning to love your shape. With her infectious humor and soul-baring honesty, *Fat Girl Walking* reveals a life full of the same heartbreak, joy, oddity, awkwardness, and wonder as anyone elseâs. Just with better snacks.

Book Information

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Academics > Culinary #621 inÂ Books > Humor & Entertainment > Humor > Essays

Customer Reviews

Youâ€™re probably wondering why a man is reviewing a book that was so clearly written for women. For starters, youâ€™re not the boss of me. Secondly, body positivity is universal. If youâ€™ve ever been given a sideways look while eating in public, had a complete stranger offer advice on how to âœfixâ• you, or skipped a school function because youâ€™re afraid of how your size will deflect ridicule to your child; youâ€™re in this group, and this book is for you. Now that weâ€™ve gotten that out of the way, hereâ€™s why EVERYONE should read this book; men, women or otherwise. I flipped to the first page expecting all the things I have come to appreciate from reading Brittanyâ€™s blog, following her social media posts, and meeting her in person: willful irreverence, period-specific pop culture references, and slightly cringe-worthy discussions of the hornetâ€™s nest that is the female existence (read: periods, boob sweat, and the like). And I got it. I got all the hilarious, foul-mouthed, sexy, movie reference-fueled perspectives and narratives that I was hoping for in a Brittany Gibbons book. As a fan, Iâ€™d have been satisfied with that. What I didnâ€™t expect was a series of life stories, experiences, and supremely human moments, all of them told with such a stark honesty that I found myself tearing up on a crowded airplane wondering what the hell was happening with this âœcomedyâ• book I was reading. Reading Fat Girl Walking as a man is like spying on all girls sleepover; not the adolescent fantasy replete with baby doll nighties and pillow fights, but the real, raw, unguarded emotion that only women communing with women feel comfortable sharing. This book will shock you.

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Marriage, Sex Positions Book) Sex: This Book Includes - Tantric Sex: A Beginners Guide For Couples Based On The Art Of Tantra, Sex Positions: 21 Illustrated Sex Positions To F*ck Her Brains Out (Sex Techniques, Kama Sutra) Guide To Anti Aging Skin Care Treatment: Learn All You Need For Treating Aging Skin To Look Younger Than Your Age (Anti Aging Skin Care, Anti Aging Diet, ... Emu Oil, Retinol, Best Eye Cream, Book 3) Soap Making: A Step-By-Step Beginner's Guide on Organic Homemade Soap Recipes for Skin Care (Make Soap 365 Days a Year and Techniques that Help ... Look Smooth, Comfortable, and Young Again!) Organic Homemade Lotion: Over 50 Natural Recipes That Ensure Comfortable, Soft Skin And Long-Lasting Hydration Belly Fat: Blowout Belly Fat Clean Eating Guide to Lose Belly Fat Fast No Diet Healthy Eating (Eating Clean, Healthy Living, Gluten, Wheat Free, Low Fat, Grain Free Diet, Detox) (Live Fit Book 1) Belly Fat: The Healthy Eating Guide to Lose That Stubborn Belly Fat - No Exercise Required (Belly Fat, Healthy eating, weight loss for women, low fat, ... wheat, detox, grain free, gluten free) Anti-Aging Skin Care: Anti-Aging Skin Care Techniques for Beautiful, Flawless and Younger Looking Skin The New Science of Perfect Skin: Understanding Skin Care Myths and Miracles For Radiant Skin at Any Age Running: Lose Weight, Burn Fat & Increase Metabolism: Weight Loss Motivation (Running, Walking, Burn Fat, Marathons, Marathon Training, Weight Loss Motivation) Tantric Sex: The Truth About Tantric Sex: The Ultimate Beginner's Guide to Sacred Sexuality Through Neotantra (Tantric Sex Books, Tantric Sex For Men And Women) Increase Libido at Any Age Naturally: The Ultimate Guide to An Increased Sex Drive & Improved Sex Life for Men & Women (Increase Sex Drive, Improve Sex Life) Attract The Right Girl: The Official Guide For Finding Your Dream Girl And Being The Man She Can't Resist Kama Sutra: The Ultimate Sex Guide To Kama Sutra, Love Making and Sex Positions - Secret Techniques For Your Sex Life!

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